

Campus Chronicles

July 2026

<https://studentsaffairs.daffodilvarsity.edu.bd>

Dear Students, Alumni, Faculty, and Friends of DIU,

Warm greetings from the Office of the Students' Affairs (OSA), Daffodil International University.

We are delighted to share the highlights of recent activities, accomplishments, and opportunities that continue to enrich the dynamic campus life at DIU.

Throughout June 2026, our students have showcased remarkable achievements across academics, co-curricular initiatives, and extracurricular engagements. Their dedication, creativity, and perseverance exemplify the vibrant spirit of DIU and its commitment to fostering excellence in every endeavor.

With best wishes,
OSA Team

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Duke of Edinburgh's International Award Certificate Giving Ceremony

Daffodil International University organized the Duke of Edinburgh's International Award Certificate Giving Ceremony to recognize students who successfully completed the award journey. Certificates were presented to the participants in acknowledgment of their achievements in leadership, community service, skill development, and personal growth, celebrating their dedication and inspiring others to pursue this internationally recognized award.

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DIU Celebrated FIFA World Cup 2026 with Live Match Screenings

Daffodil International University successfully concluded its Foundation Class sessions for Summer 2026, designed to prepare newly admitted students for a smooth transition into university life. Across multiple days, students engaged in impactful sessions covering smart learning strategies, personal grooming, mental health and wellbeing, cyber security awareness, campus discipline, self-discovery, and career planning.

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DIU Launched Monthly Community Health Camp Initiative

Daffodil International University launched its monthly Community Health Camp initiative through the collaborative efforts of the Office of the Students' Affairs and student clubs. The initiative aims to provide essential healthcare services and promote health awareness within the community, reflecting DIU's ongoing commitment to social responsibility, community engagement, and humanitarian service.

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CSIRF Organized Community Dialogue on Climate Resilience

The Center for Sustainable Innovation and Resilient Futures (CSIRF) at Daffodil International University organized a Community Talk and Local Policy Dialogue in Shyamnagar, bringing together community members, local leaders, government officials, and development partners.

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DIU Inaugurated Inter Department Football Tournament 2026

Daffodil International University inaugurated the Inter Department Football Tournament 2026 as part of its Silver Jubilee celebrations. Bringing together 27 academic departments, the tournament promotes teamwork, sportsmanship, and healthy competition while encouraging students to actively participate in campus sports.

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Mindfulness for Mental Wellbeing

The Psychological Service Center , DIU conducted a session on “Mindfulness for Mental Wellbeing” to promote mental health and emotional balance among students. Through mindfulness exercises and interactive discussions, participants explored practical techniques for stress management.

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Workshop on Managing Depression and Low Mood Conducted

The Psychological Service Center conducted a workshop titled “Managing Depression and Low Mood” to promote mental health awareness and emotional wellbeing among students. The session provided insights into the signs and symptoms of depression, healthy coping strategies, and the importance of seeking support.

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Agricultural Science Department Conducted Research on Nano Urea for Sustainable Maize Production

The Department of Agricultural Science conducted a research project on the foliar application of Nano Urea in maize to improve nitrogen-use efficiency and promote sustainable crop production. The study demonstrated the potential of nano fertilizer to enhance crop growth, increase yield, reduce fertilizer requirements, and minimize environmental impact, contributing to climate-smart and cost-effective agricultural practices in Bangladesh.

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Achievements



DIU Students Selected for MSU INDIE Camp 2026

Two students from Daffodil International University were selected to represent the university at the MSU INDIE Camp 2026 hosted by Mahasarakham University, Thailand. The international program provided participants with opportunities for academic learning, cultural exchange, and global collaboration.

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DIU Officials Selected for Erasmus+ Staff Mobility Program

Two officials from Daffodil International University were selected for the prestigious Erasmus+ KA171 International Credit Mobility (ICM) Staff Mobility Program at the Universidad de Huelva, Spain. The program supports international knowledge exchange, institutional collaboration.

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DIU Faculty Represented Bangladesh at Erasmus+ AgroFest 2026

Under the Erasmus+ Staff Mobility Teaching Program, a faculty member from the Department of Agricultural Science represented Daffodil International University at the 6th International Staff Week & AgroFest 2026 in Türkiye. The participation included a presentation on climate change and Bangladesh's agriculture.

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DIU Representatives Participated in Erasmus+ Staff Mobility Program

Representatives from Daffodil International University successfully participated in the Erasmus+ KA171 Staff Mobility Program at Varna University of Management, Bulgaria. The international training focused on cultural intelligence, intercultural communication, and inclusive teaching practices.

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DIU Students Earned International Recognition for AI Innovation

Students from the Department of Computing and Information System (CIS) achieved international recognition with their innovative project "Arbor," the world's first autonomous AI pillow assistant designed to support mute mothers.

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Congratulations

Abu Saeed Rafi

Student, Department of PESS, DIU
has won the **Bronze Medal** in the
Men's Artistic Senior Category at the
Singapore Gymnastics Open Championship



DIU Student Won Bronze at Singapore Gymnastics Open Championship

A student from the Department of Physical Education & Sports Science (PESS) brought pride to Daffodil International University and Bangladesh by winning the Bronze Medal in the Men's Artistic Senior Category at the Singapore Gymnastics Open Championship. The achievement reflects the student's dedication, athletic excellence, and commitment to representing the country on the international stage.

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INTERNATIONAL AFFILIATION



DIU Received Conference Initiator Award at WUACD Summit 2026

Daffodil International University received the prestigious Conference Initiator Award at the WUACD Summit 2026 in Bali, Indonesia, in recognition of its contributions to global academic collaboration and impactful conference initiatives. The international honor reflects DIU's continued commitment to advancing research, fostering international partnerships.

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DIU Delegation Completed International Immersion Program 2026

A 13-member delegation from Daffodil International University successfully completed the International Immersion Program 2026 at Techno India University, India. The week-long program provided students and university officials with valuable opportunities for academic exchange, cross-cultural learning, and international collaboration through expert sessions.

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DIU Highlighted Sustainability Initiatives at GSDC 2026

Daffodil International University showcased its commitment to sustainable development at the Global Sustainable Development Congress (GSDC) 2026 in Jakarta, Indonesia. Representing Bangladesh, Dr. Md. Sabur Khan, Chairman of DIU.

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DIU Delegation Explored Academic Collaboration in China

A high-level delegation from Daffodil Group and Daffodil International University visited KePei Education Group, China, to explore opportunities for collaboration in education, innovation, skills development, and technology-driven learning. The visit included institutional exchanges and knowledge-sharing sessions on emerging technologies, strengthening international partnerships and creating future opportunities for students, faculty members, and academic development.

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DIU Signed MoUs with Five International Universities

Daffodil International University signed Memorandums of Understanding (MoUs) with five international universities to strengthen collaboration in research, academic development, student and faculty exchange, and global engagement. These partnerships expand DIU's international academic network and create new opportunities for collaborative learning, research, and global mobility for students and faculty members.

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DIU Showcased AI-Native University Vision at IAUP Regional Conference 2026

Daffodil International University proudly represented Bangladesh at the IAUP Regional Conference 2026 in Almaty, Kazakhstan, where Dr. Md. Sabur Khan presented DIU's vision of transforming into an AI-Native University. The conference highlighted the university's initiatives in AI-driven education, innovation, and digital transformation while strengthening international collaboration and reinforcing DIU's leadership in the future of higher education.

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CLUB ACTIVITIES



DaffodilIMUN'25 Secretariat Board Prize Giving Ceremony Held

The Secretariat Board Prize Giving Ceremony of DaffodilIMUN'25 recognized the dedication, leadership, and outstanding contributions of the organizing team members. The ceremony celebrated the collective efforts behind the successful execution of the conference and honored individuals who demonstrated excellence in leadership, diplomacy, and teamwork, reinforcing the values of collaboration and student engagement at DIU.

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DIU Rovers Participated in National Multipurpose Workshop

Two members of the Daffodil International University Air Rover Scout Group participated in the 28th National Multipurpose Workshop organized by Bangladesh Scouts. The workshop provided opportunities for skill development, leadership training, and scouting activities.

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SBSF Participated in Social Business Innovation Summit 2026

The Social Business Students' Forum (SBSF), DIU participated in the Social Business Innovation Summit 2026 at North South University, where members engaged in knowledge sharing, networking, and discussions on innovative approaches to sustainable social impact.

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CV Excellence Contest 2026

The CV Excellence Contest 2026 was organized by the Career Development Center (CDC), Daffodil International University, in collaboration with SkillUp Club, to help students develop professional, industry-ready CVs and enhance their career readiness.

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Team DIUPS Achieved 8th Position in Campus Content Creator Contest

Team DIUPS secured the 8th position in the vivo Y31d Campus Content Creator Contest 2.0, demonstrating creativity, teamwork, and content creation skills on a national platform. The achievement reflected the dedication and collaborative efforts of the team members while providing valuable learning experiences that will support their future growth and creative endeavors.

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DIU Cyber Security Club Celebrated Faculty Contribution to National Training Program

The DIU Cyber Security Club proudly celebrated the contribution of Dr. Rubaiyat Islam, Director of the DIU Cyber Security Center, for serving as a trainer in the Advanced Technology Training Program organized by the Office of the Controller of Certifying Authority (CCA), ICT Division, Government of Bangladesh.

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PKI Training Program Successfully Concluded

The Cyber Security Centre, DIU successfully concluded a two-day Public Key Infrastructure (PKI) Training Program in collaboration with CCA and BCC under the EDGE Project. The program provided students with practical knowledge on digital signatures, authentication, trust services, and PKI implementation, enabling participants to strengthen their understanding of digital trust technologies and cybersecurity practices.

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Session on Higher Studies Abroad Organized

The DIU Research Society successfully organized “Pathways to Higher Studies,” providing students with valuable insights into higher education opportunities abroad. The session highlighted the importance of leadership, personal growth, and strategic planning in pursuing international academic goals, inspiring participants to prepare themselves as future scholars and global leaders.

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GCPC Organized Industry Visit to Brain Station 23

The DIU Girls' Computer Programming Club successfully organized an industry visit to Brain Station 23, providing students with valuable exposure to the professional technology environment. Participants explored software development practices, workplace culture, emerging technologies.

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Session on Academic Research Organized for Aspiring Researchers

DIU Creative Park successfully organized “A Roadmap to Academic Research for Aspiring Experts,” providing students with valuable insights into the fundamentals of academic research and scholarly development.

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Seminar on Career Opportunities in Food and Nutrition Held

The DIU NFE Club, in collaboration with CSTPD, organized a seminar on career opportunities in the field of Food and Nutrition. The session provided students with valuable insights into career pathways, industry expectations, and future prospects, helping participants gain professional knowledge and a clearer understanding of opportunities within the sector.

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DIU Take-Off Programming Contest Concluded

The DIU Computer Programming Club successfully organized the main round and prize-giving ceremony of the DIU Take-Off Programming Contest, Spring 2026. The competition provided a platform for students to demonstrate their programming and problem-solving skills, while recognizing outstanding performances.

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Faculty of Science and Information Technology (FSIT)

DIU Successfully Hosted IEEE ICADHI 2026



The Department of Computer Science & Engineering, Health Informatics Research Lab (HIRL), and IEEE DIU Student Branch successfully organized the IEEE International Congress on AI & Digital Health Innovation (ICADHI 2026). The two-day event brought together researchers, healthcare professionals, industry experts, and students.

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ESDM Observed World Environment Day 2026

The Department of Environmental Science and Disaster Management (ESDM), in collaboration with the Department of Agricultural Science, observed World Environment Day 2026 through a series of awareness and sustainability initiatives. The celebration featured a rally, tree plantation, expert discussions, an e-magazine launch, a photography exhibition.

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Robotics Major Signed MoU with Bongo Technology Limited

The Robotics Major of the Department of Software Engineering signed a Memorandum of Understanding (MoU) with Bongo Technology Limited to strengthen industry-academia collaboration in Robotics, Embedded Systems, IoT, and AIoT.

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MCT Observed World Refugee Day 2026 through Art and Dialogue

The Department of Multimedia & Creative Technology (MCT), in collaboration with UNHCR Bangladesh, observed World Refugee Day 2026 by organizing Brushstrokes of Belonging 2026. The event featured an inter-university art exhibition, award ceremony, and film screening, providing a platform to explore themes of displacement and resilience.

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Faculty of Humanities and Social Sciences (FHSS)



Session on Developing Resilience Conducted for English Students

The Psychological Service Center conducted a session titled "Developing Resilience for Balancing Academic and Personal Life" for the students of the Department of English. The session focused on emotional resilience, healthy coping strategies, and maintaining a balance between academic and personal life.

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JMC Organized Masterclass on Photojournalism and Visual Storytelling

The Department of Journalism, Media and Communication (JMC) organized a Masterclass on Photojournalism and Visual Storytelling for students of the JMC'50 batch. The session connected classroom learning with professional practice through expert discussions on news photography, documentary storytelling, and visual narrative techniques.

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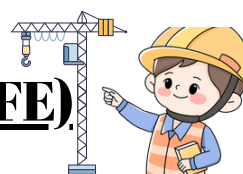
JMC Organized Workshop on Film Storytelling

The Department of Journalism, Media and Communication (JMC), in collaboration with the Bangladesh Cinema and Television Institute (BCTI), organized a workshop titled "Concept to Storytelling" under its Film Study and Appreciation course. The workshop provided students with practical insights into screenplay development, visual storytelling, and portraying culture and social issues.

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Faculty of Engineering (FE)



Architecture Students Showcased Innovative High-Rise Design Projects

Students of the Department of Architecture showcased their creative concepts through the High-Rise Design Studio, presenting innovative projects focused on sustainable, functional, and future-oriented vertical urban development. The studio highlighted students' architectural creativity, technical skills, and vision for designing resilient and community-centered urban environments.

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Department of Civil Engineering Hosted Japanese Delegation

The Department of Civil Engineering welcomed a distinguished delegation from Japan for an academic visit to explore its educational and research facilities. The visit included discussions on academic activities, departmental operations, and future collaboration, strengthening international partnerships and reinforcing the department's commitment to excellence in engineering education and global engagement.

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Faculty of Business & Entrepreneurship (FBE)



Industry Link 2.0 Successfully Connected Students with Industry Leaders

The Department of Management, in collaboration with the DIU E-Business & Management Club, successfully organized Industry Link 2.0 to strengthen the connection between academia and industry. The event provided students with valuable insights into leadership, contemporary business practices, employability skills, and career readiness through interactive sessions with distinguished industry experts.

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DIU Explored Strategic Partnership with Tymba Edu and ACCA Bangladesh

The Department of Accounting, Daffodil International University, held a productive meeting with Tymba Edu and ACCA Bangladesh to explore strategic collaboration and strengthen professional development opportunities for students. The discussion focused on industry engagement, global career pathways, and support for the ACCA pathway, reflecting DIU's commitment to enhancing academic excellence and industry-oriented learning.

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Industrial Visit and Hands-on Workshop

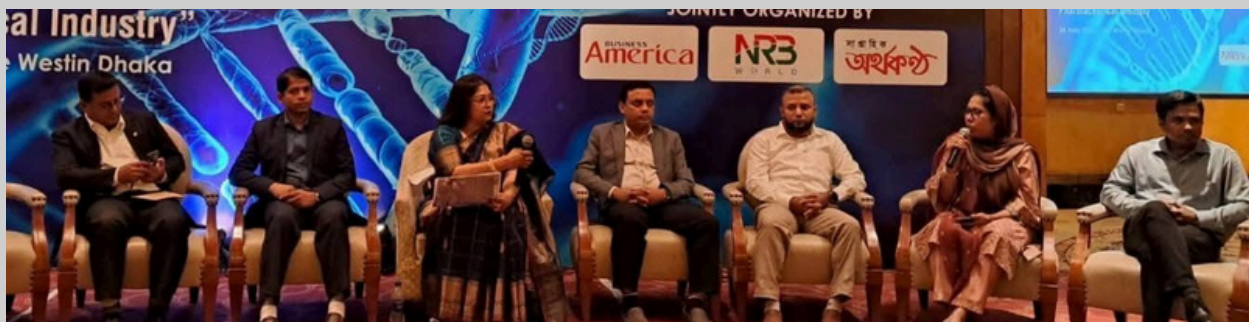
The Department of Tourism and Hospitality Management successfully organized an industrial visit and hands-on workshop in Sreemangal, providing students with practical exposure to the hospitality and tourism industry. Through field observations, professional interactions, and experiential learning, participants enhanced their academic knowledge and gained valuable insights into real-world industry practices, strengthening the connection between classroom learning and professional experience.

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Faculty of Health and Life Sciences

DIU Pharmacy Faculty Participated in Global Health Summit 2026

Faculty members from the Department of Pharmacy participated as panel discussants at the Global Health Summit 2026, contributing to discussions on the role of Non-Resident Bangladeshi (NRB) scientists in advancing biotechnology and biosimilar drug development.

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NFE Symphony Celebrated Togetherness and New Beginnings

The Department of Nutrition and Food Engineering successfully organized NFE Symphony under the arrangement of the DIU NFE Club, bringing together students, alumni, and faculty members in a celebration of connection, memories, and new beginnings.

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Pen and Perspective

Sleep Hygiene: A Foundation for Mental Well-being

Md. Numan Ibne Nur (Abir)

Psychologist

Daffodil International University

In today's fast-paced academic environment, sacrificing sleep is often viewed as a sign of productivity. However, quality sleep is not a luxury—it is a biological necessity that directly influences mental health, emotional functioning, and cognitive performance.

Sleep hygiene refers to the habits and environmental practices that promote consistent, restorative sleep. Poor sleep hygiene may contribute to difficulties with concentration, memory, emotional regulation, decision-making, and academic performance. Persistent sleep disturbances are also associated with increased symptoms of stress, anxiety, and depression.



Fortunately, improving sleep hygiene often begins with simple, sustainable lifestyle changes:

1. **Maintain a consistent sleep and wake schedule**, including weekends, to strengthen your body's natural circadian rhythm.
2. **Seek natural daylight exposure, especially during the first hour after waking.** Morning sunlight helps regulate the body's internal clock and promotes better sleep at night.
3. **Engage in regular daytime physical activity.** Aim for at least 30 minutes of moderate exercise on most days, but avoid vigorous exercise within 2–3 hours of bedtime.
4. **Avoid long or late-afternoon naps.** If you need to nap, limit it to 20–30 minutes and avoid sleeping late in the day.
5. **Avoid caffeine, nicotine, alcohol, and heavy meals close to bedtime**, as these can interfere with your ability to fall asleep and reduce sleep quality.
6. **Limit screen exposure for at least 30–60 minutes before bedtime.** The blue light emitted from electronic devices can suppress melatonin production and delay sleep onset.
7. **Manage stress before bedtime.** Relaxation techniques such as mindfulness meditation, deep breathing, progressive muscle relaxation, or journaling can help reduce mental and physical arousal.
8. **Engage in a calming bedtime routine**, such as reading a book, listening to soothing music, or taking a warm shower, to signal to your brain that it is time to sleep.
9. **Create a sleep-friendly environment by keeping your bedroom quiet, dark, cool, and comfortable.** Reserve the bed primarily for sleep rather than studying, working, or prolonged phone use.
10. **If you cannot fall asleep within about 20 minutes, leave the bed and engage in a quiet, relaxing activity** under dim light. Return to bed only when you feel sleepy.
11. **Avoid checking the clock repeatedly during the night.** Clock-watching can increase anxiety about not sleeping and make it more difficult to fall back asleep.

It is normal to experience occasional sleep difficulties during periods of stress. However, if sleep problems persist for several weeks and begin affecting daily functioning, academic performance, or emotional functioning, seeking professional support is important.

Healthy enhance their overall quality of life. Small changes in daily habits can make a meaningful difference because is one of the most effective yet often overlooked strategies for maintaining mental health. By prioritizing every sleep good sleep hygiene, students can strengthen their resilience, improve learning, and productive day begins with a restorative night's sleep.